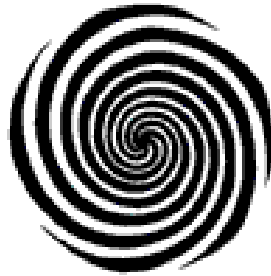


ADVANCED SCHOOL OF HYPNOSIS



Presented by
The Stop Partnership

GHSc
Practitioner Level
VALIDATED TRAINING
General Hypnotherapy Standards Council

www.thestoppartnership.co.uk
Tel: 0772 3053177



TRAINING WITH THE ADVANCED SCHOOL OF HYPNOSIS

Note: *This course qualifies you to FULL PRACTITIONER level in Hypnotherapy, courses which are of shorter durations do not.*

Being a hypnotist is a highly rewarding career. There are no pre-requisites to train, all you need is a willingness and a desire to learn.

The National Occupational Standards for Hypnotherapy

Our training programme is based upon the new *National Occupational Standards* (NOS) for Hypnotherapy published in 2002 by *Skills for Health*, the Government's Sector Skills Council for the UK health industry.

National Occupational Standards for Hypnotherapy		
Unit 1.1 Assess the needs of the client	Unit 1.2 Treat the client	Unit 1.3 Educate the client to adopt self-care procedure(s)

The National Qualification Award

By ensuring that our course meets these criteria, we are able to offer students the Diploma in Clinical Hypnotherapy validated by The General Hypnotherapy Standards Council.

National Occupational Standard units have been correlated against the NHS Knowledge and Skills Framework (KSF) by Skills for Health.

In an attempt to standardise qualification descriptions across the UK, the Government have introduced the National Qualification Framework (NQF) which consists of numbered levels against which the standard of a course can be measured. In compliance with this criteria, this diploma would be classed as a level 4 qualification, making it one of the highest standard hypnotherapy training courses available in the UK.

Intensive Study

This course maintains the intensive aspect of study with the flexibility of the weekend format to make timings accessible to the employed. Each module ends at a strategic point of focus, allowing personal time and space between that and the next for specific experience of subject matter in the wider world.

There are many different reasons for learning hypnosis. For some the qualifications are used to set up their own full time hypnotherapy practice, or develop a second income. Others however, put their learning to a different use. These are people looking to enhance their communication skills, increase their confidence and look after their own mental health. In today's fast paced, high stress environments, more and more people are finding it difficult to cope. All of the skills learned will unconsciously be incorporated in whatever the individual does. When we are introduced to enhanced ways of behaving, we cannot not use them.

The ability to relax properly, be aware of damaging thought processes, develop positive thinking styles and effectively use our resources is invaluable, for oneself and to pass to others.

Demand for effective hypnotherapists is increasing year-on-year. The media has increased public awareness of the varying efficacies of different therapies and people are seeking brief, solution-focused therapy that can help them quickly.

Training with the Advanced School of Hypnosis is through intensive tutor led practical training, giving you everything you need to set up in practice immediately thereafter.

Our trainers will teach you through the use of carefully constructed stories, using humour and plenty of everyday examples. The course is interactive and informative with clear presentations, simple instructions for exercises and numerous opportunities to practice what you learn.

On successful completion of all assessments students will be issued with:-

- **Diploma in Clinical Hypnotherapy**
- **Diploma in Master Hypnotism**
- **Certified Practitioner of Neuro Linguistic Programming**

Students will be entitled to use the following letters after their name DMH, DHyp, CPNLP.



Course Outline

Module One

Defining Hypnosis
Evidence and History of Hypnosis
Code of Conduct and National Occupational Standards
The Science of Hypnotherapy, *as defined by The Skills Council*
States of Trance : Physically Observed and Electronically Measured
Outcome Frame versus Blame Frame
Law of Equivalence of Form with Introduction to NLP Mirroring
Induction Techniques
A study of hypnotic linguistics, Erickson and Bandler
NLP Representational Systems
Rapport building inc. Pacing and Leading
Mirroring and Eye Accessing Cues
The Presenting Problem
Elman Induction
Anaesthesia Induction
Physical Commans Induction
Catalepsy
Mind Body Connection
Negative Commans and the Unconscious Mind
State Dependent Behaviour
Counting Induction
Analysing Deepening Suggestions
Ideo-Motor Finger Signals
Arm Levitation Induction
Control Panel Method
Rapid Inductions and Post Hypnotic Suggestion
Working with Resistance
Media and Corporate Influence
Psychotherapeutic tools
Abreaction & Contraindications

Module Two

Regression
Pain Management
Stress Management
Smoking Strategy
Obesity
Healing
Comfortable Childbirth
Amnesia

Time Distortion
The Meta-Model
Gestalt Demonstration
Dreamwork
Transactional Analysis with Trance
Metaquestioning
The Milton Model
Analytical Model
Indirect Hypnosis
The Esdaile State
Past Life Regression
Anchoring
Fast Phobia 'Cure'
TOTE
Submodality Processing
Part Therapy
Confidence Components

Module Three

Dissociation and Association
Inner Child Therapy
The Presuppositions of NLP
New Behaviour Therapy in NLP Terms
The speed of learning and memory enhancement
Direct subconscious commands
Modelling and Anchoring Excellence
The Swish Pattern
Changing Personal History
Negotiation Between Parts
Reframing
Visual Squash
Allergy 'Cure'
Timeline Therapy
Belief Adaptation
Music and Trance

You will find that utilising the techniques taught in these modules produces profound therapeutic change in yourself and others, applying NLP unconsciously to enhance all areas of your personal and professional life.

Delegates will be assessed to ensure that the Advanced School of Hypnosis maintains its high standard of education and reputation for delivering first class training.

ENTRY REQUIREMENTS

There are no academic qualifications necessary as a prerequisite for entry to train as a hypnotherapist.

If you are interested in Clinical Hypnosis & Hypnotherapy at the Advanced School of Hypnosis we believe that an interest in solution focussed therapy and the workings of the mind, combined with a desire to learn, a willingness to explore and expand one's own personal boundaries is sufficient.

Although we will set a minimum age of 21, there is no maximum.

WHO SHOULD ATTEND

We have tailored our courses to appeal to a wide range of people from all walks of life. Anyone with an interest in the workings of the human mind, either for personal or professional application will gain benefit from attendance.

PROFESSIONAL RECOGNITION

The Advanced School of Hypnosis is accredited by The General Hypnotherapy Register (GHR) and on completion of training students will be eligible for membership with the General Hypnotherapy Register which operates to a strict code of ethics. Relevant documentation will be presented on awarding of certificates. On registration members can obtain professional insurance for one to one therapy, essential in private practice.

STUDENT SUPPORT

Extensive handouts detailing a variety methods plus therapeutic techniques for specific problems are supplied to each student.

Our students are monitored continuously throughout their training. Our aim is to make sure you reach the high standards required to warrant our Certification.

THE VENUE

The Advanced School of Hypnosis gives practical hands on training in a 'real life' environment. We enjoy a central location easily accessible from all parts of the country.

Training for smaller groups is delivered in our busy working practice close to the central motorway network. Joining instructions including clear directions to the venue are provided on request.

Light refreshments are included in course fees and there are a number of hotels and guest houses situated locally.

COURSE DETAILS

For the Diploma in Clinical Hypnotherapy here is the format available to delegates:-

Daily: 0930 to 1630

Weekends as defined on website below.

Certification issued on completion

**Cost for entire training including all course materials and Certification
endorsed by the GHR as a Practitioner of Clinical Hypnotherapy £2000**

Deposit required £195 to secure place

Balance to be received by the start of the week preceding course commencement

Next Available Course *(website continually updated):*

Visit the link below:-

www.thestoppartnership.co.uk

YOUR TRAINERS

Jennie Kitching DMH CHyp CPNLP



Jennie is a principal trainer for the Advanced School of Hypnosis, and Senior Partner of The Stop Partnership.

A Master Hypnotist since 2003, Jennie was awarded her first training qualification in 1994. Since that time she has become a certified trainer of a variety of differing methodologies in the corporate and private sector (including Louise Hay, '*You Can Heal Your Life*', Susan Jeffers '*Feel the Fear and Do It Anyway*'). Additional study, notably of the works published by John Cleese and Robin Skynner ('*Life and How to Survive It*') enabled Jennie to incorporate the more personal aspects of self-improvement into the traditional corporate training arena (GKN, Dudley MBC, The Law Society, etc) designing and delivering bespoke courses such as Pre-Retirement and Women's Development. Jennie presents with humour and enthusiasm drawing on this extensive knowledge base.



John James

Angela, John and Rebecca will assist Jennie during the intensive course, to inspire and delight with their progress and experience since their initial training with Jennie several years ago.

All coming from diverse backgrounds, the majority of our past delegates have set up in practice for themselves and are highly successful in what they do.



Rebecca Vickers

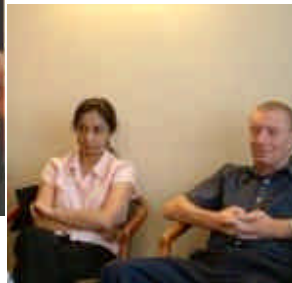
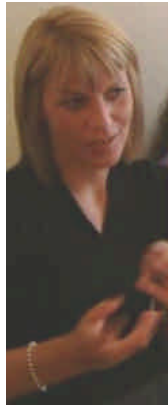
With a background in health, social care and psychology, Rebecca is dedicated to the workings of the mind and hypnosis in particular, specialising for the past three years in pain management, stress and anxiety and children's issues. She brings her unique combination of the most modern processes of EFT combined with the ancient art of deep trance hypnosis to teach you the most effective and up to date techniques currently available.

TESTIMONIALS

Read what some of our students have said about us...

"I thought the eye accessing cues were good and very useful to know what they may mean. I look forward to practising them in everyday life. I was glad you were given the option of discussing/not discussing certain topics/issues. I didn't feel pressured into doing anything, which makes a change when you come on courses.

"Thank you Jennie and Nicki for a well run and well presented course. It was very useful, and I am sure that the techniques you have taught me will be used in a positive way, both at work and in my personal life. I certainly will be contacting you to attend sessions at your practice. Many thanks again, keep up the good work."



"It has made me realise that I am capable of a lot more and with a lot more than I thought I would be capable of doing more instead of thinking negatively. I hope that I will be in more control of situations and not always thinking what other people will think of my opinions. Jennie and Nicky made me feel comfortable and at ease."

"An interesting and thought provoking course. The concept of changing negative thoughts to positive was particularly useful."

"I learnt to be a better listener. It made me think more about myself. It made me more aware of the skills at my disposal. Very thought provoking."

"I found the course very interesting. It made me think more about myself and how I look at others. I know more about myself now, than I thought. I will make more of an effort to understand others and listen to myself. It will help me communicate more effectively."



Advanced School of Hypnosis Registration Form

Please complete all sections in block capitals and return to 4 Alders Court, Green Lane, Callow Hill, Redditch, Worcestershire B97 5PJ, with a non-returnable deposit of £195 made payable to "STOP". *(Fold form to fit into standard envelope to avoid excess postage charge)*

Full Name.....
(As you would like it to appear on the Diploma)

Landline Tel No.....

Mobile Tel No.....

E-mail address

Postal Address

.....

Date of Birth

Course Starting Date

Occupation

Educational and Professional Details (please give dates, names of educational establishments and qualifications) *use separate sheet if necessary*

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.....

Reasons for wishing to study

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.....
.....

Prior training/experience in related fields

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.....
.....

Please list any books or related material you have read on the subject of hypnotherapy, psychotherapy or psychology etc

.....
.....

Please supply any other information you consider relevant to your application

.....
.....
.....

Signature..... **Date**

Important Notes About The GHSC And The Advanced School Of Hypnosis

You are advised to be cautious about undertaking hypnosis training and I am sure you have recognised the diverse courses available. Some schools are cheaper, some are of differing durations, taking days or years to complete and making claims that may prove unsubstantiated. We urge you to investigate. There are also a variety of official bodies, all claiming to be the best.

The GHSC has the largest membership and is deemed the most effective in its dedication to have hypnotherapy recognised and supported officially by the government. Large sums of money are being invested to bring about a joining together of the various bodies into one unified format. The government realises how confusing it is to have so many claiming so much. We all freely admit that we learnt a lot about therapy when we set up in practice, following our formal training. This is why we are offering a different service to most schools. We are a collective of eight therapists, growing all the time. Mike Garrett has been hypnotising since the 70s and continues to have clinical papers published on very advanced topics. We are all experienced therapists and trainers. Many therapists are academically very qualified but there is a big difference in knowing your subject and being able to impart that knowledge to others. Some trainers have very little experience in running a busy practice. Looking back, I would ask the following questions now, if I were seeking hypnotherapy training. Please have these important points in mind before proceeding.

1. Are the people who are delivering the training, suitably qualified, recognised and supported by Standards Council and therefore adhering to strict regulations?(www.general_hypnotherapy_register.co.uk)
2. How credible is that Council, how long have they been established and what is the membership?
3. Have the people who are delivering the course been in practice for a suitable length of time AND have they treated clients regularly during their time in practice?
4. Will the training enable you to apply to the National Health listings for complementary therapies (www.nhsdirectory.org) which medical practitioners use to advise patients of recognised therapists in their area?
5. After the training, will I be left to my own devices or will there be an ongoing relationship with the school, allowing me to further my skills and seek advice on cases?
6. How many delegates will be on the course 4 or 400?
7. Is this course so duly recognised by officialdom that the government will pay for a delegate to undergo their training (www.lifelonglearning.co.uk/cdl/) and qualify for a career development loan?
8. Does the school consist of several qualified practitioners and presenters?
9. Will I be able to consult with anybody who has been on the course previously?
10. What percentage of people who were on the course in the past are actually now in practice?
11. Do I come away with comprehensive course notes? Will I be given additional scripts or will I have to pay extra for these? How much will that be?
12. What about recording CDs, copyright of music and marketing advice to encourage best practice?

GHSc
VALIDATED TRAINING
General Hypnotherapy
Standards Council

Join Us Now!

